

BREAKFAST ALL DAY

EGGS, BACON AND TOAST / 11

2 eggs any style, grilled sourdough, butter applewood smoked bacon, butter & jam **GF / 13**

New! SOYRIZO BURRITO / 13

potato and cauliflower soyrizo, avocado, cilantro, salsa verde, egg **GF / 14.75 (V by request)**

SOFT SCRAMBLED EGG SANDWICH / 10

monterey jack cheese, two organic scrambled eggs, brioche bun, fresh herbs, radish sprouts, side green salad

New! LEMON POPPYSEED BUCKWHEAT PANCAKES / 11

vegan butter, lemon zest, maple **V**

BIG BREAKFAST BOWL / 13

ancient grains, bacon, sunny side up egg, wilted greens, green sriracha, tomato salad **GF**

QUINOA PORRIDGE / 9

steel cut oats, quinoa, coconut milk, almond milk. maple syrup topped with banana, berries and house-made super-seed granola **V, GF**

ACAI BOWL / 11

acai topped with fruit, toasted coconut flakes, house-made super-seed granola **V, GF see smoothies for add ons**

New! GOLDEN BLISS ACAI BOWL / 14

acai, turmeric, chia with oat milk, almond butter, hemp seed, and mango topped with figs, cashews, housemade super-seed granola, cacao nibs **V, GF see smoothies for add ons**

TOAST & BAGELS

AVOCADO TOAST / 11

radish, cherry tomato, serrano chimichurri, cold soft boiled egg, radish sprouts **GF / 13 (V by request)**

New! BAGEL & WANDERLOX / 10

capers, olives, avocado, pickled cucumber, pickled carrots
choice of: cream cheese or **V:** whipped coconut yogurt **V GF / 13.25**

SMALL PLATES

New! BALSAMIC YAMS & SPROUTS / 8

balsamic roasted yams and brussels sprouts with thyme and pomegranate **V, GF**

New! CURRIED CAULIFLOWER / 7

roasted cauliflower, coconut curried yogurt, micro-cilantro **V, GF**

ADD ONS

GLUTEN-FREE: BREAD / 2 BAGEL / 3.25

BAGEL & CREAM CHEESE / 2.50 sub: V coconut yogurt / .50

ORGANIC EGG / 2

APPLEWOOD SMOKED BACON / 4

FREE RANGE CHICKEN BREAST / 5

WILD CAUGHT SALMON / 6.75

GINGER MARINATED TEMPEH / 4

HALF AVOCADO / 2.5

GRILLED SEASONAL VEGETABLES / 5

SIDE GREEN/ SWEET POTATO SALAD / 5

SIDE DRESSING/ SAUCE / 1.5

ORGANIC BERRIES / 5

LUNCH ALL DAY

GREEN GODDESS BOWL / 14

broccolini, asparagus, wilted kale, ancient grains, avocado, green hummus, chimichurri, radish, pea shoots **V, GF**

KIMCHEE GRAIN BOWL / 14

ancient grains, house-made kimchee, fried egg, shiitakes, snap peas, red bell pepper, gochujang, house-made pickles **GF**

New! SAIGON BOWL / 12

vermicelli, marinated tofu, shredded carrots, cucumbers and cherry tomatoes, cilantro and peanut salsa **V, GF**

OMEGA 3 BOWL / 16

grilled garlicky salmon, white quinoa, steamed seasonal vegetables, pickled carrots, walnut gremolata, lemongrass teriyaki on side **GF**

SAMMIES & PITA

(side of green salad or sweet potato salad)

ROASTED CHICKEN CLUB SANDWICH / 14

roasted chicken breast, bacon, tomato, lettuce, garlic aioli, pickles, on grilled sourdough **GF / 16**

AVOCADO PESTO SANDWICH / 12

kale pesto, garlic aioli, avocado, spinach on grilled sourdough **V, GF 14**

New! MEDITERANEAN PITA / 11

hummus, red onion, marinated cucumber, kalamata olives and tomatoes, olive oil and grilled lemon **V GF 13.50**

SALAD

MASSAGED KALE & BRUSSELS CAESAR / 13

seaweed caesar dressing, baby kale, pepitas, shaved brussels sprouts, avocado, cotija, nori furikake **GF (V by request)**

New! PEAR HARVEST SALAD / 14

arugula, spinach, roasted yams, candied walnuts, goat cheese, pears, dried cranberries, balsamic vinaigrette **GF (V by request)**

New! LITTLE GEM SALAD / 12

shaved beets, carrots, celery & asparagus, avocado, pickled red onions, dill vinaigrette & grilled toast **V, GF / 14**

SOUPS

36 HOUR FREE RANGE CHICKEN BROTH / 7

pho herbs, lime, lava salt

ALWAYS VEGAN SOUP CUP / 6 or BOWL / 8 **V, GF**

SOUP CUP & HALF SALAD COMBO 13

soup of the day and choice of kale/brussels or green salad

We accept requests for items to be left off of dishes. Substitutions will be charged as "add ons"

DRINKS ALL DAY

AGUA FRESCA OF THE DAY / 3
MT. VALLEY SPARKLING or SPRING WATER / 2.5
STARFIRE WATER 42oz / 5
HARMLESS HARVEST COCONUT WATER 16 OZ / 6
KOMBUCHA / 5.50
california grape, pink lady apple, maca berry, ginger lemon,
blood-orange-carrot-ginger
LOCAL COLD PRESSED RAW JUICES / 8
golden boy, clean-up, mermaid, melon rose, boss tonic, G3
BREWED COFFEE / 3
COLD BREW / 4
HOT TEA / 3
ICED TEA / 3

DELIGHTS

PASTRIES

banana bread **V, GF** / 3.75
pumpkin bread / 3.25
chocolate chip cookie / 3
peanut butter cookie nugget **GF** / 3.25
strawberry rhubarb danish / 4
coffee cake / 4
raw balls **V, GF** / 2 for 5

CHOCOLATES

fine & raw brooklyn bonnies & chunckette / 4.99
fine & raw chunkies / 7.99
Eat Chic / 6.50

WINE & BEER

NATURA ORGANIC WINES / bottle 28 / glass 12

The exclusive wine of Wanderlust Hollywood, Natura is produced from the healthiest and highest quality organic grapes. Grown with the upmost respect for the environment in Chile. Vegan friendly and **GF**
chardonnay - unoaked
rose
pinot noir

SPARKLING / bottle 28

prosecco / glass 12
mimosa / glass 9
bottomless mimosa / 20

SUFFERFEST BEERS

kolch "repeat" bee pollen 3.5 ABV / 6
pale ale "fkt" black currant 5.1 ABV / 6
pilsner "flyby" 5.1 ABV / 9
blonde "shakeout" 5.7 ABV / 9
IPA "taper" 7.5 ABV / 9

ANGEL CITY BEERS / 9

pilsner 5.6 ABV
IPA 6.1 ABV

FLYING EMBERS HARD KOMBUCHA / 8

ancient berry 4.5 ABV
lemon orchard 4.5 ABV
ginger & oak 4.5 ABV

FALL 2018

WANDERLUST HOLLYWOOD

(323) 967-8855

www.wanderlusthollywood.com

FULL MENU: Mon-Fri 8am-2pm / Sat-Sun 9am-2pm

DRINKS & SMOOTHIES daily 'till 4pm

HAPPIEST HOURS: Mon-Fri 4pm-7pm

GRAB-N-GO AVAILABLE ANYTIME



SMOOTHIES

V, GF / 10

TROPI-KALE

kale, pineapple, nopal, toasted coconut, ginger, mint, lime

GOLDEN MANGO

mango, turmeric, ginger, lime, black pepper, tangerine

COLD BREW SMOOTHIE

stumptown cold brew, bananas, almond butter, maple, vanilla, cinnamon

BERRY ALIVE

blueberry, strawberry, goji berry, almond butter, banana, coconut water

LEAN GREEN HEMP MACHINE

pear, avocado, mint, lime, ginger, cucumber, spinach, hemp seeds, coconut water

New! PUMPKIN SPICE

pumpkin, banana, coconut yogurt, oats, honey, pumpkin pie spice

ENHANCEMENTS

almond butter, cacao, chia seeds, flax seeds, raw pepitas, ginger, kale or MCT oil / 1
grassfed ghee, maca, reishi mushroom boost, vegan protein, turmeric, or collagen / 2
avocado / 2.5